November 2026 ACTIVITY CALENDAR

1541 Jane Street Toronto, ON M9N 2R3
Tel: 416-645-7575 (followed by the extension of your program. See 2nd page)

Monday	Tuesday	Wednesday	Thursday	Friday
Cultural Tunes & Tales For Black Families *Registration Required* **9:30AM - 12:30 PM 2 – 6 YEARS** Kanga-angan@macaulaycentres.org **Early Parenting** *Registration Required* **2:00-4:30PM 0-12 Months With (BBF)** Kanga-angan@macaulaycentres.org	**PLAY & LEARN 9:00AM-5:00PM 0-6 YEARS**	**Specialized Building Language** *Registration Required* **9:30AM - 12:30PM 1-6 years** tsohan@macaulaycentres.org **Specialized Extra Support Program** *Registration Required* **2:00PM-4:30PM 0-6 YEARS** tsohan@macaulaycentres.org	**PLAY & LEARN 9:00AM-4:00PM 0 - 6 YEARS** **Supporting Young Families** *Registration Required* **4:00PM-6:00PM 0-6 Years**	**Mental Health Wellness Series For Black Families** *Registration Required* **9:30AM-12:30PM 0-6 YEARS** tsohan@macaulaycentres.org
Enhanced Youth Outreach worker program (9:00am – 4:30pm)	**CPNP Prenatal Program**-: (9:00am – 12:00pm)	**Enhanced Youth Outreach worker program** (9:00am – 4:30pm)	**Enhanced Youth Outreach worker program** (9:00am – 4:30pm)	**Enhanced Youth Outreach worker program** (9:00am – 4:30pm)
Housing Support Services: (9:00am-4:30pm)	**Enhanced Youth Outreach worker program** (9:00am – 4:30pm)	**Housing Support Services:** (9:00am – 4:30pm)	**Housing Support Services:** (9:00am – 4:30pm)	**Housing Support Services:** (9:00am – 4:30pm)
Project Turnaround: (9:00am – 4:30pm)	**Housing Support Services:** (9:00am – 4:30pm)	**Project Turnaround**: (9:00am – 4:30pm)	**Project Turnaround**: (9:00am – 4:30pm)	**Project Turnaround**: (9:00am – 4:30pm)
Youth for Change: (9:00am – 4:30pm)	**Project Turnaround**: (9:00am – 4:30pm)	**Youth for Change:** (9:00am – 4:30pm)	**Youth for Change:** (9:00am – 4:30pm)	**Youth for Change:** (9:00am – 4:30pm)
Connect 4 (Youth drop-in program) (4:00pm – 6:00pm) *Registration required*	**Youth for Change:** (9:00am – 4:30pm)	**Walk-in Rapid Access Therapy:** (3pm -8pm) – **Last appt at 6:30pm**	**Walk-in Rapid Access Therapy:** 11am-4pm – **Last appt at 2pm**	**Walk-in Rapid Access Therapy:** (10:30am- 3:30pm) – **Last appt at 2:00pm**
Walk-in Rapid Access Therapy: 11:00am -4:00pm	**Rainbow West (S2LGBTQ+ youth) Drop-in (4:30pm – 6:30pm) *Registration required***	**Health Clinic from 11am to 7pm *drop- in and by appt***	**Supporting Young Families 4:00-6:00pm *Registration is required.**	
Care Navigation services available *Registration required*	**Walk-in Rapid Access Therapy:** 3pm -8pm – Last **appt at 6:30pm**	**Hey Girl 4pm-6pm *Registration required***	**Unison community Legal Clinic * Fourth Thursday of every month** (2:00pm – 5:00pm)	

Harm Reduction services **Monday-Friday** ***Registration required***	**Health Clinic from 11am to 7pm** ***drop- in and by appt***	**Gentle Fitness** ***Registration required** (9:00 - 11:00am & 11:00am – 1:00pm)	**Zumba classes**: (6pm – 7:30pm)	
	Socacize (6:30-8:00pm)	**Zumba classes**: (6pm – 7:30pm)	**Midaynta AGM** 5:30pm-9:30pm	
	NICS cultural dance **4:00pm-6:30pm**			
	Tamil Seniors Group **Every 4th Tuesday of the month** **10:00am-1:30pm**			

Program Listings and Contact Information

Program	Contact	Agency	Extension
Building language CPNP prenatal program Early Parenting with Babies 0-12 months Extra Support Play & Learn/Play & learn a focus on black children and families	Kristine Lina	Macaulay/ EarlyON	416-645-7575 Ext. 6
Enhanced Youth Outreach worker program Housing Support Services Project Turnaround Youth for Change	Shakir Ali Timiro Aganeh Mohamed Mohomud	Midaynta	647-628-8472 or 416-645-7575 Ext. 2813
Rainbow West LGBTQS+ youth drop in program Walk-in Rapid access Therapy Hey Girl	Chantal	Yorktown Family Services	416-645-7575 Ext.2054 or 416-834-6518
Legal Clinic Gentle fitness	Unison Health and Community Services	Reception	416-645-7575 Ext. 2
Zumba NICS Cultural Dance Tamil Seniors Group	Elizabeth	Other Groups	416-645-7575 Ext. 2027
Socacize	Isolda Gallego	Mental Health and Substance Use	416-645-7575 Ext. 2028