



# July 2026 ACTIVITY CALENDAR

1541 Jane Street Toronto, ON M9N 2R3

Tel: 416-645-7575 (followed by the extension of your program. See 2<sup>nd</sup> page)

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>CULTURAL TALES &amp; TUNES</b> *Pre-registration Required* 9:30AM -12:30PM 2 – 6 YEARS <a href="mailto:tedwards@macaulaycentres.org">tedwards@macaulaycentres.org</a></p> <p>Play &amp; Learn (A focus on Black Families) 9:00AM-12:30PM 0-6 years</p> <p><b>SPECIALIZED EARLY PARENTING PROGRAM</b> *Registration required* 2:00 - 4:30 PM 0 - 12 MONTHS WITH (BBF) <a href="mailto:tedwards@macaulaycentres.org">tedwards@macaulaycentres.org</a></p>	<p><b>PLAY &amp; LEARN</b> 9:00AM-4:30PM 0-6 YEARS</p>	<p><b>SPECIALIZED BUILDING LANGUAGE</b> *Registration required* 9:30AM-12:30PM <a href="mailto:tosahan@macaulaycentres.org">tosahan@macaulaycentres.org</a></p> <p><b>SPECIALIZED EXTRA SUPPORT PROGRAM</b> *Registration required* 2:00PM - 4:30PM 0 - 6 YEARS <a href="mailto:tosahan@macaulaycentres.org">tosahan@macaulaycentres.org</a></p>	<p><b>PLAY &amp; LEARN</b> 9:00AM-4:00PM 0 - 6 YEARS</p> <p><b>SUPPORTING YOUNG FAMILIES</b> *Pre-Registration Required* 4:00PM-6:00PM <a href="mailto:stang@macaulaycentres.org">stang@macaulaycentres.org</a></p>	<p><b>SCIENCE &amp; YOGA FUN</b> *Pre-Registration Required* 9:30AM-12:30PM 2.5-6 YEARS <a href="mailto:tedwards@macaulaycentres.org">tedwards@macaulaycentres.org</a></p>
<b>Enhanced Youth Outreach worker program</b> (9:00am – 4:30pm)	<b>CPNP Prenatal Program-</b> (9:00am – 12:00pm)	<b>Enhanced Youth Outreach worker program</b> (9:00am – 4:30pm)	<b>Enhanced Youth Outreach worker program</b> (9:00am – 4:30pm)	<b>Enhanced Youth Outreach worker program</b> (9:00am – 4:30pm)
<b>Housing Support Services:</b> (9:00am-4:30pm)	<b>Enhanced Youth Outreach worker program</b> (9:00am – 4:30pm)	<b>Housing Support Services:</b> (9:00am – 4:30pm)	<b>Housing Support Services:</b> (9:00am – 4:30pm)	<b>Housing Support Services:</b> (9:00am – 4:30pm)
<b>Project Turnaround:</b> (9:00am – 4:30pm)	<b>Housing Support Services:</b> (9:00am – 4:30pm)	<b>Project Turnaround:</b> (9:00am – 4:30pm)	<b>Project Turnaround:</b> (9:00am – 4:30pm)	<b>Project Turnaround:</b> (9:00am – 4:30pm)
<b>Youth for Change:</b> (9:00am – 4:30pm)	<b>Project Turnaround:</b> (9:00am – 4:30pm)	<b>Youth for Change:</b> (9:00am – 4:30pm)	<b>Youth for Change:</b> (9:00am – 4:30pm)	<b>Youth for Change:</b> (9:00am – 4:30pm)
<b>Connect 4 (Youth drop-in program)</b> (4:00pm – 6:00pm) *Registration required*	<b>Youth for Change:</b> (9:00am – 4:30pm)	<b>Walk-in Rapid Access Therapy:</b> (3pm -8pm) – Last appt at 6:30pm	<b>Walk-in Rapid Access Therapy:</b> 11am-4pm – Last appt at 2pm	<b>Walk-in Rapid Access Therapy:</b> (10:30am- 3:30pm) – Last appt at 2:00pm

<b>Walk-in Rapid Access Therapy: 11:00am -4:00pm</b>	<b>Rainbow West (S2LGBTQ+ youth) Drop-in (4:30pm – 6:30pm) *Registration required*</b>	<b>Health Clinic from 11am to 7pm *drop- in and by appt*</b>	<b>Unison community Legal Clinic * Fourth Thursday of every month (2:00pm – 5:00pm)</b>	
<b>Care Navigation services available *Registration required*</b>	<b>Walk-in Rapid Access Therapy: 3pm -8pm – Last appt at 6:30pm</b>	<b>Hey Girl 4pm-6pm *Registration required*</b>		
<b>Harm Reduction services Monday-Friday *Registration required*</b>	<b>Health Clinic from 11am to 7pm *drop- in and by appt*</b>	<b>Gentle Fitness *Registration required (9:00 - 11:00am &amp; 11:00am – 1:00pm)</b>		
	<b>Socacize (6:30-8:00pm)</b>	<b>Zumba classes: (6pm – 7:30pm)</b>		
	<b>NICS cultural dance 4:00pm-6:30pm</b>			
	<b>Tamil Seniors Group Every 4<sup>th</sup> Tuesday of the month 10:00am-1:30pm</b>			



## Program Listings and Contact Information

Program	Contact	Agency	Extension
<b>Building language</b> <b>CPNP prenatal program</b> <b>Early Parenting with Babies 0-12 months</b> <b>Extra Support</b> <b>Play &amp; Learn/Play &amp; learn a focus on black children and families</b>	<b>Trelisa</b> <b>Kristine</b> <b>Lina</b>	<b>Macaulay/ EarlyON</b>	<b>416-645-7575 Ext. 6</b>
<b>Enhanced Youth Outreach worker program</b> <b>Housing Support Services</b> <b>Project Turnaround</b> <b>Youth for Change</b>	<b>Shakir Ali</b> <b>Timiro Aganeh</b> <b>Mohamed Mohomud</b>	<b>Midaynta</b>	<b>647-628-8472</b> <b>or</b> <b>416-645-7575 Ext. 2813</b>
<b>Rainbow West LGBTQS+ youth drop in program</b> <b>Walk-in Rapid access Therapy</b> <b>Hey Girl</b>	<b>Chantal</b>	<b>Yorktown Family Services</b>	<b>416-645-7575 Ext.2054</b> <b>or</b> <b>416-834-6518</b>
<b>Legal Clinic</b> <b>Gentle fitness</b>	<b>Unison Health and Community Services</b>	<b>Reception</b>	<b>416-645-7575 Ext. 2</b>
<b>Zumba</b> <b>NICS Cultural Dance</b> <b>Tamil Seniors Group</b>	<b>Elizabeth</b>	<b>Other Groups</b>	<b>416-645-7575 Ext. 2027</b>
<b>Socacize</b>	<b>Isolda Gallego</b>	<b>Mental Health and Substance Use</b>	<b>416-645-7575 Ext. 2028</b>

