

Wellness Support Group

- **Social Support**
- **Meet people and have fun**
- **Physical Activity such as Basic Tai Chi**
- **Preventive health care**



Please join us:

When: Thursdays (10am-12pm)

✧ **SUMMER: July 4 to August 8, 2019**

July 4, 11, 18, 25

Aug. 1, 8

Where: Jane Street Hub

1541 Jane Street (room 1 and 2)

For more information please contact:

Kim Nguyen @ 416-653-5400, ext. 1265

You are welcome to walk-in



Led by Unison Health and Community Services, the Jane Street Hub is a partnership agencies working together to strengthen communities by providing health and social services and accessible community space

• Unison Health and Community Services • Macaulay Child Development Centre • Yorktown Child and Family Centre

