



SOUP & SOUL

Eat | Share | Learn

Come together to learn more about wellness topics like self-care, nutrition and healthy relationships. Every month expect new topics, soups, and fun activities!

Thursday December 13, 2018
Thursday January 10, 2019
Thursday February 14, 2019
Thursday March 14, 2019

1:00-2:30 pm
1541 Jane Street

DETAILS

- Tokens and lunch provided
- For adults 18 and over
- Register at 416-645-7575 EXT 2050

