

2017 Evaluation of Group Programs: SNAPSHOT OF FINDINGS

Who gave us feedback?

260 clients

Participating in **14** different programs



Programs Evaluated:

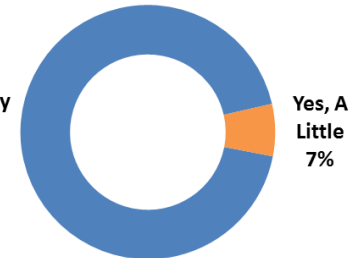
Bathurst-Finch	Diabetes Education
	Effective Communications (<i>NEW</i>)
Jane-Trethewey	Dancing Into Health
	Seniors Healthy Eating & Fitness
	Tai Chi
Keele-Rogers	Dancing Into Health
	Seniors Healthy Eating & Fitness
	Seniors Support Program
Lawrence Heights	Baby and Me
	Childcare Provider Training
	Dancing Into Health
	Forever Young Seniors
	Getting Grounded (<i>NEW</i>)
	Knitting in Motion

What did clients tell us about their experience?

92%
Would recommend the program to others



Yes, Very Much
92%



97%
told us that staff members **made them feel welcome**
(*very much*)

97%
told us that staff members **treat them with dignity and respect**
(*very much*)

94%
said that staff members **explained things clearly**
(*very much*)

77%
said that they had a chance to give **input into how the program was run**
(*very much*)

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Program Impact

88%

learned something new that they can use to improve their health & well-being
(very much)

85%

said that the program **helped them make healthy changes in their life**
(very much)

78%

learned about other programs & services that they may need
(very much)

72%

met new people that they plan to stay in touch with
(very much)

Participant Comments

I got to share and ask about my difficulties looking after my son and being a mother.
(Baby and Me)

Thanks for giving an opportunity for seniors to mingle with new people and be active.
(Seniors Healthy Eating & Fitness)

The staff were patient and friendly. They took their time to explain the planned program.
(Getting Grounded)

I never wanted to miss a class. I enjoyed the company.
(Seniors Healthy Eating & Fitness)

To learn more about our programs:

Pick up a Program Calendar or visit our website:
www.unisonhcs.org



For more information about our program evaluation process, please contact Andrew Koch, Health Planner:
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