

Job Posting

Mental Health Nurse (Interprofessional Team)

full-time, permanent - 35 hours per week

Unison Health and Community Services is a non-profit, community-based organization that serves neighbourhoods in North West Toronto. Operating out of five locations, Unison offers core services that include primary health care, case management and counseling, health promotion, Early Years programs, legal services, harm reduction programs, housing assistance, adult protective services, Pathways to Education and a Diabetes Education Program. Unison's mission is working together to deliver accessible and high quality health and community services that are integrated, respond to needs, build on strengths and inspire change.

Unison is committed to working from an inclusive, pro-choice, sex positive, harm reduction, anti-racist, anti-oppression and participatory framework.

We are currently seeking a Mental Health Nurse to be part of an interprofessional care team, to work in an underserved area, aimed at improving access to mental health and addiction services to the surrounding community.

The Mental Health Nurse reports to the Program Manager, Mental Health and Substance Use.

Job Specific Responsibilities:

- Participate as a member of a mental health and addictions team and engage actively in collaboration with relevant resources and professionals in the community;
- Provide care for clients experiencing acute mental distress or who have an enduring mental illness;
- Provide services using trauma informed principles;
- Assess and talk with clients about their concerns and discuss the best way to plan and deliver their care;
- Build relationships with clients to encourage trust, while listening to and interpreting their needs and concerns;
- Perform specific procedures according to the College of Nurses of Ontario standards of nursing practice including but not limited to medication practices;
- Ensure the correct administration of medication, including injections, and monitoring the results of treatment;
- Provide assistance and support for the management of internal crisis situations at Unison;
- Apply 'de-escalation' techniques to help clients manage their emotions and behaviour;
- Prepare and participate in group and/or one-to-one therapy sessions, both individually and with other health professionals;
- Develop a plan of care and complete individual risk assessments in conjunction with team members;
- Work with clients' families and care givers to educate them and the client about their mental health problems;
- Promote a recovery and harm reduction approach to care;
- Prepare and maintain client electronic records;
- Liaise with clients, relatives, the interdisciplinary team, and other professionals in the community and attend regular meetings to review and monitor clients' care;
- Assess clients' behaviour and psychological needs;
- Identify whether and when clients are at risk of harming themselves or others

Job Specific Qualifications:

- Undergraduate degree in Nursing - Specialty in Mental Health and Addiction preferred
- Registration with the College of Nurses of Ontario.

- Demonstrated knowledge and experience in group work and community development
- Expertise in recovery and harm reduction approaches to care.
- Demonstrated knowledge of, and sensitivity to, the impact of social, economic, environmental and cultural issues, including the effects of unstable housing, on diverse communities.
- Demonstrated ability to work effectively independently and as a member of a multi-disciplinary team.
- Knowledge of issues affecting communities facing barriers to access in an urban environment.
- Familiarity with the social, economic and cultural conditions of the project's geographic area, experience in working with local service providers, community groups and networks, and an understanding of local issues and priorities are an asset.
- Excellent interpersonal, communication and organizational skills, including computer literacy.
- Excellent interpersonal skills with colleagues, students, community members, volunteers, etc.
- Excellent English communication skills, both written and verbal, with individuals and groups; knowledge of a second (or more) language and culture is an asset.
- 2 years' experience working as a Registered Nurse in a community setting is an asset.
- Experience with chronically mentally ill.
- Working knowledge of Mental Health Act.
- Strong crisis intervention skills.
- Sound knowledge of health promotion and disease prevention is an asset.
- Working knowledge of electronic health records is an asset.
- Ability to work flexible hours including some evenings and weekends

Interested candidates are asked to submit a résumé with covering letter by 9:00 am on May 28, 2019 to:

Hiring Committee – Mental Health Nurse
 Unison Health and Community Services
hirings@unisonhcs.org

Please cite UN_2019_017 in the subject line of the email

We welcome applications from people who are reflective of the diverse communities we serve, including those who might need accommodation.

Where needed, accommodations for applicants with disabilities will be provided, on request, to support their participation in all aspects of the recruitment process.

While we thank all applicants for their interest, only those selected for interview will be contacted.