

Pure Plant Power!

Join our Dietitians for a 6 Week Cooking Program



Each week we will discuss a nutrition topic, and cook and eat plant based recipes.

When: Tuesdays,
Oct 22—Nov 26, 2019

Time: 9:30 am– 11:30 a.m.

Where: 12 Flemington Rd



For information and to register:
please call 416-787-1676 (ask for
dietitian)

TTC and childcare available.