



COMMUNITY VITALITY

Vital communities are defined as having strong, active and inclusive relationships between residents, private sector, public sector and civil society organizations. These relationships are important to supporting community growth and development in our changing society. The **Community Vitality** domain looks at social relationships and experience of discrimination, among other measures.

NUMBER OF SOCIAL CONTACTS

Respondents were asked about the number of relatives and friends they have who they feel close to.



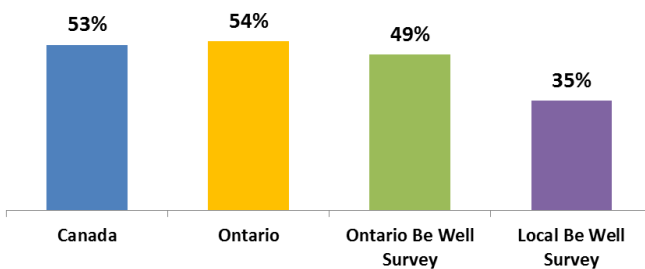
6.3

Average number of close relationships with **relatives** reported

4.8

Average number of close relationships with **friends** reported

Individuals reporting 5 or more close friends

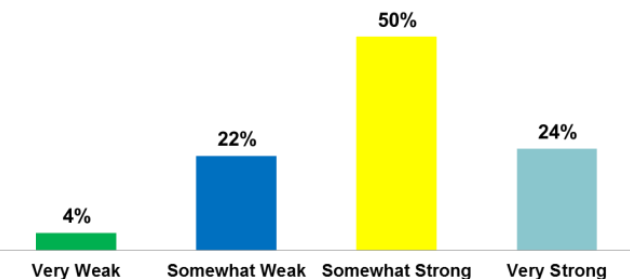


Compared to federal and provincial sources, **fewer** local survey respondents reported having 5 or more close friends.

Research suggests that people with less than 5 close friends are at a higher risk for social isolation.

SENSE OF BELONGING

Sense of Belonging



Almost **75%** of local respondents reported a *somewhat strong* or *very strong* sense of belonging to their community.

A strong sense of belonging is shown to have a positive impact on an individual's wellbeing.

SENSE OF TRUST

57% of local survey respondents felt that "you cannot be too careful in dealing with people."

Building trust can lead to the development of strong interpersonal and community relationships.

Sense of Trust

