



UNISON Bathurst Finch

People who need a family doctor or nurse practitioner can call front desk for an intake assessment and registration appointment with our case coordinators.

For more information call 647-436-0385; then press 0



Bathurst-Finch Action for Neighborhood Change

ANC is an initiative of United Way's Building Strong Neighbourhoods Strategy and is a community development program that aims to improve neighbourhoods.

ANC supports and nurtures local leadership. It is a platform on which residents can spearhead and contribute to positive changes. It brings residents together and provides the space, tools and capacity building for them to make plans and take steps towards improving their neighbourhood. Anyone living, working, attending school, or volunteering in the neighbourhood can join.

For more information, please contact Mandana Attarzadeh (647) 436-0385 Ext. 4524

Community Fun Day

Come and join us for a fun filled day at the Bathurst-Finch hub.

Enjoy food, live performances, arts & crafts, games & activities for all ages.

Date: Sunday, September 24, 2017 from 1pm till 4pm.

For more information, please contact Mandana Attarzadeh at 647- 436-0385 Ext 4524.

Prenatal Program

Come join us for our Prenatal Program if you're a mother and expecting on Mondays between 1-3p.m!

- Connect with mothers and other women
- Learn about pregnancy, baby care and healthy eating
- Enjoy a snack
- TTC tokens available!

For more information, please contact Jenny Zawaly: 416-787-1676 x 3229

Anonymous, Rapid HIV Testing

30-minute appointment. Accurate results from a finger prick blood sample. Pre- and post- test counseling to explore risk reduction, offer support and provide links to AIDS service organizations in Toronto.

To book for a test or ask about our harm reduction service, please contact: **(647) 436-0385 ext. 4555**



Diabetes Education Program

Pre-Registration is required. For more information about dates and times, contact: **416-787-1661 ext. 3301**

We offer individual appointments and group classes for adults with Type 2 Diabetes or pre-diabetes with a registered nurse and dietitian who specialize in diabetes education.

We are a team of certified diabetes educators trained to give you the knowledge and skills to manage your diabetes. You will meet with a registered nurse and/or a registered dietitian who will work with you to create a plan that best works for you. Learn about risk level, risk factors, healthy eating, physical activity guidelines and etc. to lower your risk.



Unison - Bathurst Finch
540 Finch Avenue West, Toronto
ON M2R 1N7 647-436-0385



Bathurst-Finch Site

October 2017 • Program Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Farmers' Market 2-6 pm	4	5	6
9 Thanksgiving Holiday CLOSED	10	11	12	13
16 Prenatal Program 1 pm - 3 pm	17	18	19 20	
23 Prenatal Program 1 pm - 3 pm	24	25	26 27 ANC's Food Security Forum 6 pm - 8 pm	Diabetes Education Program workshop: All About Blood Pressure 10:30am - 12:30pm*
30 Prenatal Program 1 pm - 3 pm	21			

*Registration Required: see back page for contact person's information

Please tear off this section to provide feedback and enter for a draw

1. How helpful do you find the program calendar.
1----2---3----4-----5 ---6-----7---8----9---10
2. Please recommend at least one pick up location for Unison program calendars.

3. Once complete, drop this off to the client feedback box. You will be eligible to enter a draw for a gift certificate.
4. Leave us information so we can reach you.
 - a. Name: _____
 - b. Phone Number: _____



Bathurst-Finch Site
November 2017 • Program Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 Prenatal Program 1 pm - 3 pm	7	8	9	10
13 Prenatal Program 1 pm - 3 pm	14 ANC's Neighbourhood Café 6 pm-8 pm	15	16	17
20 Prenatal Program 1 pm - 3 pm	21	22	23	24
27 Prenatal Program 1 pm - 3 pm	28	29 CENTRE CLOSED for ALL STAFF event	30	

*Registration Required: see back page for contact person's information



Bathurst-Finch Site
December 2017 • Program Calendar



Monday	Tuesday	Wednesday	Thursday	Friday
				1
4 Prenatal Program 1 pm - 3 pm	5	6	7	8
11 Prenatal Program 1 pm - 3 pm	12	13	14 ANC's Holiday Event 6 pm - 8 pm	15
18 Prenatal Program 1 pm - 3 pm	19	20	21	22
25 Christmas Day CLOSED	26 Boxing Day CLOSED	27	28	29

