

Dancing into Health at LH



- ✿ **Preventive health care**
- ✿ **Enhance your body and spirit**
- ✿ **Opportunity for creative expression while learning step combinations common in many social and theatrical dance forms, such as ballroom, jazz and Latin**
- ✿ **Meet people and have fun**

When: Tuesdays

✧ **FALL: September 5 to December 12, 2017**

Sept. 5, 12, 19, 26

Oct. 3, 10, 17, 24, 31

Nov. 7, 14, 21, 28,

Dec. 5, 12

Time: 10:00 am to 12:00 p.m.

Where: Lawrence Heights (3th floor, room A & B)

12 Flemington Road (Behind Lawrence Square)

For more information please contact:

Kim Nguyen at 416-653-5400, ext. 1265

And you are welcome to walk -in

Engage. Empower. Enhance.

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www.unisonhcs.org

