

# Diabetes Education Program

**FREE Workshops for Individuals  
with Prediabetes or Type 2 Diabetes**

Led by a Registered Dietitian / Registered Nurse

- **Cholesterols—The Good and the Bad**

Date: Friday Sept 1, 2017

- **Glucometer teaching and Diabetes Q&A**

\* Free glucometer will be provided

Date: Friday September 22, 2017

- **All about Blood Pressure**

Date: Friday October 27, 2017



.....

Space is **LIMITED** and **PRE-REGISTRATION** is required

Please call to Register.

**416—787—1661 Ext 301**

Where: 540 Finch Ave West (Bathurst-Finch Site)

Time of workshop: 10:30am—12:30 pm



**Bathurst-Finch**  
540 Finch Avenue West  
Toronto, ON M2R 1N7

